Clifton StrengthsFinder by Gallup
Discover Your Unique Strengths

1 What is Strengths Finder?
Strengths Finder is a unique program that helps students discover and develop their strengths for greater academic, career and personal success. Through this assessment you will recognize your unique talents and how they can be used in your everyday life.

2 How do I take the assessment?
- On the first-year Milestones, click the link to take your StrengthsFinder assessment.
- On the Login page, click New Account below the Register heading, using your UCSD email
- You will receive an email confirming your registration. Click the link in the email message to complete your registration.
- Once completed, you can log in to the Strengths Finder site using your username and password.
- Once you register, click on the blue Let’s Go button.

You have 20 seconds to answer multiple choice questions based on your preferences. Please set aside about 20-45 minutes to complete the test in one sitting.

3 What happens next?
Meet with your SSCP Success Team to learn how to apply your strengths!