



A YEAR IN REVIEW:

SUCCESSSES & SHOUT OUTS

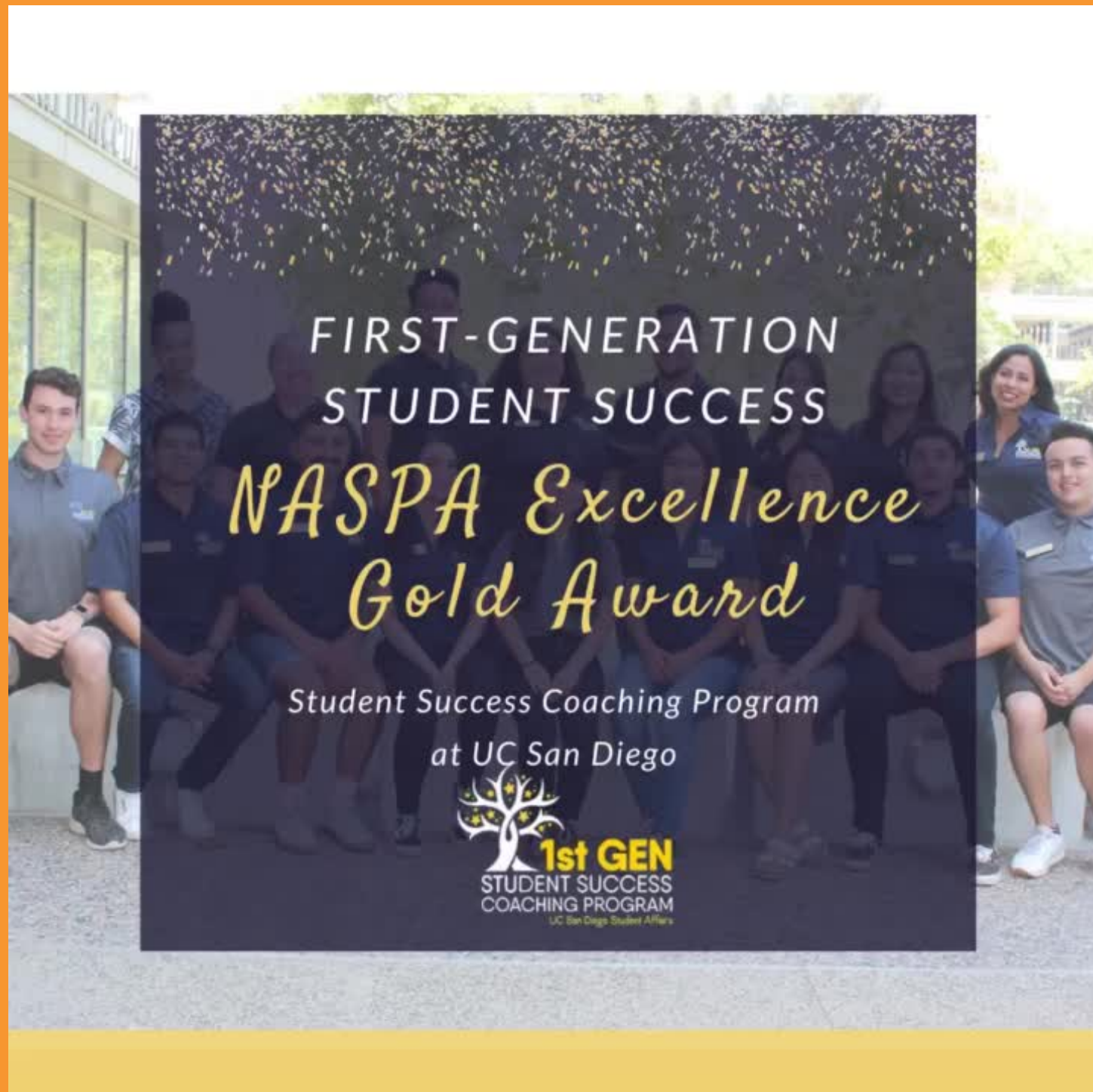
2019-2020

LET'S CELEBRATE!

The 2019-2020 academic year has challenged our campus community to be more innovative and adaptable than ever before. The Student Success Coaching Program met this challenge through strength-based and student-centered collaborations that continue to support the success of our cohort of first-generation college students. We share these accomplishments with our campus partners and extend gratitude to the collaborations and support of our campus community. We are thankful for your support. Please take a moment to scroll below and share in our achievements to advance First-Gen success at UC San Diego.



AWARDS & RECOGNITIONS



SSCP is proud to be nationally recognized for our contributions to the first-generation community. Our program was recognized by the NASPA 2020 Excellence awards:

Gold Award Winner - First-Generation Student Success and Related Program Category

Bronze Award Winner - Overall Excellence among all categories

Through collaborative efforts, UC San Diego has received an elevated designation as a **NASPA First-Gen Forward Advisory Institution**. We are recognized as leaders in First-Gen student success and serve in a leadership capacity with our regional community.



WELCOMED 4 NEW SUCCESS COACHES!

We had the pleasure of welcoming four new full-time success coaches just before the start of the academic year. This year, the team was able to collaborate on several new initiatives to support first-gen students at UC San Diego! Thank you to the many departments that met with our newest staff:

- Academic Integrity
- Analytical Writing Program
- APIMEDA
- Career Services
- Cross Cultural Center
- Engaged Learning Tools
- IDEA Center
- LGBT Resource Center
- OASIS: Math & Science Tutorial Program (MSTP)
- OASIS: Language Arts Tutorial Services (LATS)
- Raza Resource Centro
- Student Affairs and Academic Advising College Staff: Revelle, ERC, Sixth, and Muir College
- SPACES
- The Hub-Basic Needs
- T+LC: Academic Achievement Hub
- T+LC: Writing Hub

Clockwise from Top Left:
Juan Carlos Carranza, M.A. - ERC
Rachel Rivera, M.A. - Sixth College
Tori Bussey-Neal, M.Ed. - Muir College
Stephanie Estrada, M.A. - Revelle College

For the first time ever, the **Student Success Coaching Program** teamed up with the **Student Veterans Resource Center**, and the **International Students and Programs Office** to train **22** new peer coaches and peer navigators. The training is internationally recognized and certified by the College Reading and Learning Association. At the completion of the training, all new peer coaches and navigators passed a national exam and earned a NASPA Peer Educator Certification. Additionally, in partnership with the **Triton Transfer Hub**, we facilitated the training of **8 Transfer Peer Coaches**.

PEER COACH TRAINING



FIRST-GENERATION

Student Alliance



ANNIE CHEN

Co-Founder & Co-President



This year we were proud to celebrate the start of the First-Generation Student Alliance, co-founded by two fourth year, Senior Peer Coaches and coaching students.



BRANDON ARIAS

Co-Founder & Co-President

PEER COACHES' ACCOLADES

Peer Coaches lead by example when supporting first year students. They have fueled a first-generation student environment that centers around success, innovation and community. We would like to highlight some of the outstanding achievements of our 2019-2020 Peer Coach staff:

Albert Hernandez

***Mechanical Engineering Major
Muir College***

- Start up Team part of the Basement (Incubator track)
- 2nd Place in Triton Entrepreneur night (T.E.N.)

Jacinda Luong

***Political Science - International Relations Major
ERC***

- Awarded the Ann Craig Award for Scholarship, Leadership, and Service

Annie Chen

***Human Biology Major
Revelle College***

- Offer of Admission, Master of Science Degree in Biology at UC San Diego

Abraham Velasquez

***Applied Mathematics Major
Warren College***

- Offer of Admission, Masters in Education + Teaching credential, Single Subject at UC San Diego
- Award Nominee for the College Reading & Learning Association, Outstanding Peer Educator Award

Marisol Gonzalez

***Structural Engineering Major
Marshall College***

- Awarded the TRELS Research Award for Winter 2020 and Spring 2020
- Accepted into the Undergraduate Research Scholarship (URS) for Summer 2020

PEER COACH & NAVIGATOR EXPERIENCES

100% of Peer Coaches and Navigators agreed or strongly agreed that their role **"motivated me to succeed in college"**.

97% of Peer Coaches and Navigators agreed that in their role they have developed the following UCSD Competency: **Critical Thinking & Problem Solving**

100% of Peer Coaches and Navigators agreed or strongly agreed with the statement **"My role as a Peer Coach has increased my satisfaction with my student experience at UC San Diego"**

97% of Peer Coaches and Navigators agreed or strongly agreed that their role has **increased their ability to be adaptable when faced with challenges.**

TRITON FIRSTS WELCOME SOCIAL



We kicked off the start of the year with our annual First-Gen Welcome Social! First-generation staff, students and supporters joined together in a celebration of dinner, dancing, photos and great company.

We asked our guests, **“What does it feel like to be a UCSD First-Generation Student or Supporter?”**

"A big deal for me. Scary and exciting. Proud."

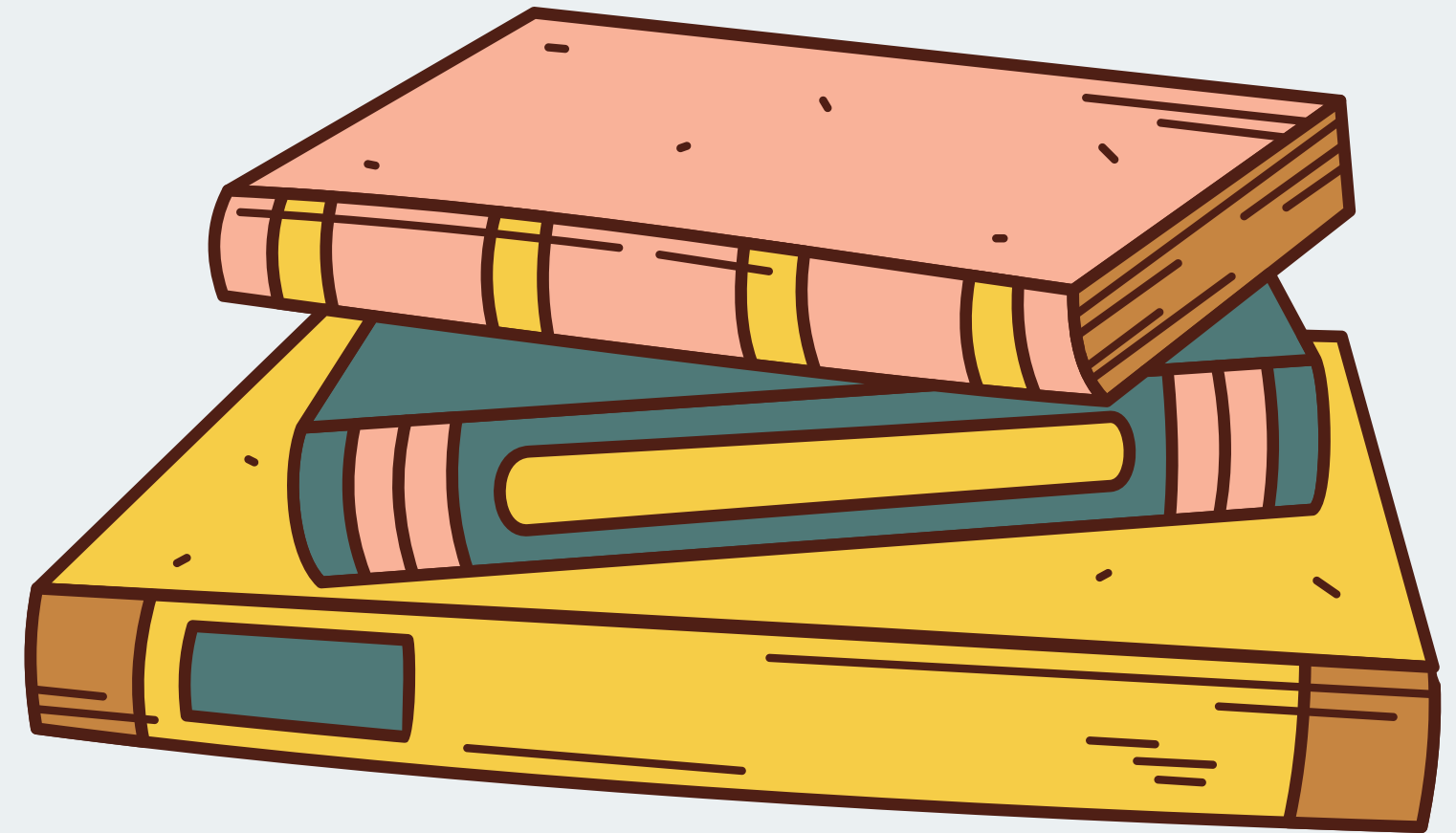
"It feels GREAT. It feels like a family. I love it."

"Being First-Gen is a struggle for sure but being here makes me feel like I have a lot more support than I thought I would have coming into UCSD."

"I was first-gen at UCSD as an undergrad and now I have returned a staff! I love supporting 1st gen students here because I can relate to their experience."

BACK ON TRACK WORKSHOPS

SSCP collaborated with College Academic Advising, Financial Aid, and OASIS, to provide a workshop for all coaching students experiencing academic difficulty. We appreciate the immense support from the Deans of Advising, especially Dean Shannon O'Brien from Seventh College. Thank you to Ashley Grove from Revelle College Advising and Emily Gonzales from Marshall College Advising for their support on the committee. This workshop focused on reflection as a tool for growth and how to utilize strengths to get back on track! We had **96** coaching students who experienced academic difficulty during Fall 2019 quarter attend our Back on Track Workshop.



SRS TAILGATE

We collaborated with the UC San Diego Athletics Department to host the fourth annual SRS Basketball Tailgate during the Winter quarter! The Athletics Department invites the students of all Student Retention and Success units to a free tailgate and UCSD basketball game. We appreciate the continuous collaborations and support from UC San Diego Athletics Department. Go Tritons!

A black and white photograph of basketball players high-fiving each other on a court. The players are wearing white jerseys with blue accents and the UCSD logo. The background is slightly blurred, focusing on the players' hands and arms.

**VCSA- STUDENT
RETENTION AND
SUCCESS TAILGATE**

**CELEBRATE THE END OF THE QUARTER AND ALL YOUR SUCCESS WHILE
CHEERING ON TRITON BASKETBALL AGAINST CHICO STATE**

**THURSDAY 12/5
6-7:30PM
TRITON CONFERENCE ROOM**

**FREE FOOD
FREE T-SHIRT**

RSVP: [HTTP://BIT.LY/TRITONSBASKETBALLDEC5](http://bit.ly/TritonsBasketballDec5)

UC San Diego
STUDENT AFFAIRS
Student Retention and Success

TRITONS ABROAD 2020

We would like to acknowledge and thank the Study Abroad Department for allocating \$20,000 worth of scholarships to be awarded to Student Success Coaching students. Through these funds, \$1,000 scholarships were awarded to **15** Success Coaching students who applied for a study abroad program in the Summer 2020 or Fall 2020 quarter. Due to travel restrictions set by COVID-19, the Study Abroad office has worked to ensure students have the option to extend their scholarship offers for a future term. Students plan to participate in programs such as:

UC Education Abroad Programs

All Roads Lead to Rome
Made in Italy
Dublin Science & Engineering
STEM Research Tokyo

Global Seminars

Sign Language in Paris
Indigenous Health, Ecuador
Jazz in Paris

WE MOVED ONLINE!



VIRTUAL COACHING

Success Coaching and Peer Coaching immediately adjusted to the virtual learning community by making coaching support available via zoom and phone call to all students!

VIRTUAL DROP-IN HOURS

In addition to continuing coaching services for Success Coaching students, we expanded our support to all UC San Diego students via online drop-in hours offered daily!

SOCIAL MEDIA ENGAGEMENT

Success Coaches and Peer Coaches increased engagement with the first-gen community by using our social media as a tool to promote motivation, wellness, and hope.

END OF YEAR CELEBRATION

Our Success Coaching team came together to celebrate the accomplishments of our program, highlight our Peer Coaches' many achievements and wrap up the year with community time.

NEW SOCIAL MEDIA INITIATIVES

@ucsd_successcoaching



We currently have 953 followers on Instagram, consisting of first gen staff, faculty, alums, and supporters!



We built more opportunities to connect with our students via Peer Coach and Success Coach Takeovers, Motivation Mondays and Wellness Wednesdays.

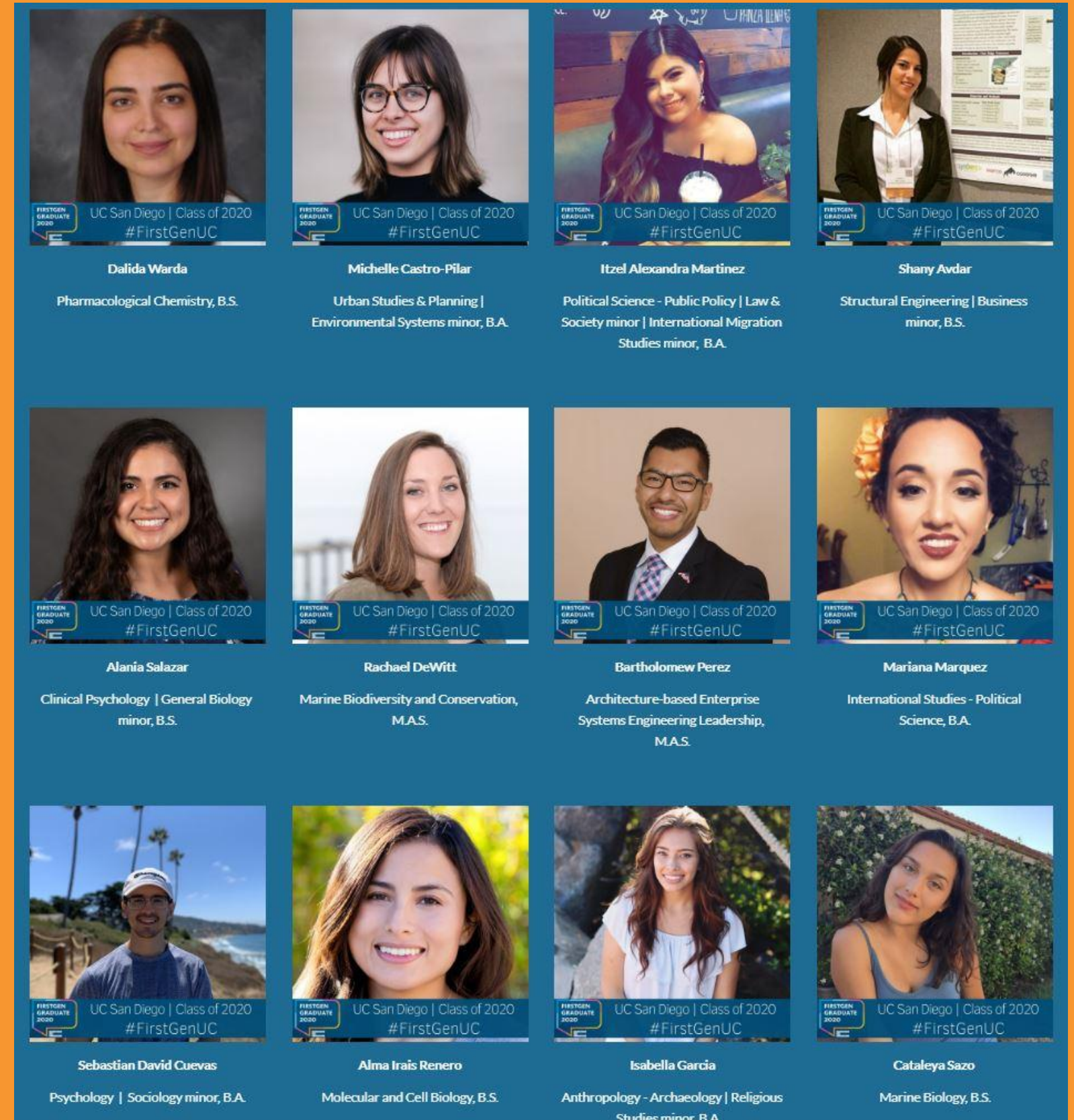


SSCP collaborated with several campus partners to highlight the first-gen student experience via social media and increase resource allocation to the entire UCSD community.

FIRST-GEN GRADUATION WEBSITE

In lieu of our annual End of the Year First-Gen Celebration, we moved the festivities online! In collaboration with the Triton Firsts Initiative and the Virtual Campus Collaborative, we created a website to highlight First-Gen 2020 Graduates. Students had the opportunity to share their story, accomplishments, and thank their supporters. We had **215** first-gen graduates on the website by the UCSD Virtual Graduation Ceremony!

Check it out bit.ly/firstgenrecognitions2020



STUDENT RETENTION & SUCCESS PROGRAMS

The work of Success Coaching is amplified by the dedication of Student Retention and Success. We are grateful to collaborate with student-centered professionals who help us create additional opportunities of growth and development for our diverse student populations. We would like to thank our SRS partners for their continued support and collaboration.

- Academic Enrichment Programs
- Chancellor's Associates Scholars Program
- OASIS
- Student Success Programs
 - Student Veterans Resource Center
 - Transfer Student Success
 - Undocumented Student Services



Staff from the various SRS Units celebrates each other over a Thanksgiving meal!

SUPPORT & COLLABORATIONS WITH ALL 7 COLLEGES!



SSCP was established and able to grow due to the support of each college. From providing physical space for our staff and students to inviting us to join meetings and retreats, the college administration and staff have embedded our program as part of the college experience. We would like to thank you for your continuous support and extend a special recognition to the Provosts, Vice Provosts, Deans of Advising, and the Deans of Student Affairs.

COACHING STUDENT MILESTONES

STUDENT APPOINTMENTS

Total number of appointments from September 2016 to June 2020

8,322

Pro-Staff Success Coaching
Appointments



5,837

Peer Coaching
Appointments



14,159 total conducted individualized
coaching sessions for **1,659** unique students

COMMUNITY EVENT ATTENDANCE

Total number of community events (workshops, etc.)
attended March 2017 to June 2020

1,247 unique students attended community events
leading to a total count of **4,291** event attendance

SMART GOAL SUBMISSIONS

Total number of SMART goal submissions from September
2019 to June 2020

1,405 unique students entered a smart goal totaling
smart goal totaling **3,886** SMART goal submissions

FROM THE STUDENTS THEMSELVES...

SUPPORT

99% of students agreed or strongly agreed with the statement, **“My coach is someone I can go to for support”**

RESOURCES

When asked, **“How much has coaching contributed to your development in: Being connected to a meaningful resource”**

94% of students answered significantly or moderately

STUDENT DEVELOPMENT

100% of students agreed or strongly agreed with the statement **“my coach takes interest in my development.”**

BALANCE

97% of students agreed or strongly agreed with the statement, **“My coach introduced me to strategies to live a more balanced life”**

"WHAT WAS MOST BENEFICIAL ABOUT PARTICIPATING IN COACHING THIS QUARTER?"

SUPPORT

"I enjoyed the fact that I had **someone to talk to** about anything that was going on in my life. I really enjoyed the fact that I **have a support system.**"

"Simply being able to have someone that can **help me stay on track with my goals.** In addition, knowing that there is someone that is able to help **both with my academics and personal life.**"

RESOURCES

"All the resources that were given and highlighted at every meeting and event helped a lot. It exposed me to a variety of **helpful skills and resources.**"

"I have a source of information that not only **informs**, but **applies my progress to the goal I have.**"

CO-CURRICULAR OPPORTUNITIES

"Discovering a lot of **job opportunities**, motivating me to **attend workshops,**"

"Since this is my last undergrad year, it was nice to know that there was someone there for me to **guide me through the grad school application process** and give me encouragement and **motivation to apply to a graduate program.**"

BALANCE

"The **help, support and affirmation I receive** after talking with my coach is something I haven't been able to compare! It's made me feel so much more **confident in my school life both academically and socially.**"

"To make me feel like I **belong at the university** and **I am not alone.**"



FIRST GRADUATING COHORT!

The Student Success Coaching Program was created in 2016, starting out with 1 Director, 4 Success Coaches, zero Peer Coaches, and a cohort of 425 first-generation first year students. Four years later, we have the privilege of celebrating our first graduating cohort! Check out the short video we created to celebrate our graduating cohort and all the firsts they have experienced in the last four years!

[Click here!](#)



**THANK YOU TO ALL OF
OUR CAMPUS PARTNERS
AND SUPPORTERS FOR
ANOTHER SUCCESSFUL
YEAR!**

2019-2020

STAY CONNECTED WITH US!

SUBSCRIBE TO OUR
NEWSLETTER [HERE](#)

FOLLOW US ON SOCIAL MEDIA
[@UCSD_SUCCESSCOACHING](#)

CHECKOUT OUR WEBSITE
SUCCESSCOACHING.UCSD.EDU



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events and highlights

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